

Over-the-Counter (OTC) Coverage Through NationsOTC®

Independent Health Medicare members have access to hundreds of health and wellness products through our OTC benefit. With NationsOTC®, you can get brand-name or generic over-the-counter items like vitamins, pain relievers, dental supplies and much more.

Your Personal Health Profile: Built With You in Mind

You have the option of self-reporting your conditions. If you do this, you'll receive product recommendations and health information tailored to your unique needs.*

How It Works:

The benefit allowance is earned the first day of each quarter. The quarterly allowance unspent balances will roll over from quarter to quarter; however the total balance will need to be used by December 31. If you spend more than the quarterly allowance amount, you can use a personal credit/debit card to cover the difference.

Ordering Is Easy! Experienced Advisors Are Available Monday – Friday, 8 a.m. – 8 p.m.

Online: Visit NationsOTC.com/IndependentHealth

Phone: Call (877) 270-4239 (TTY: 711)

Mail: Complete and mail an order form using the postage-paid envelope to:

NationsOTC
1700 North University Drive
Plantation, FL 33322

Orders ship to your home at no additional cost, usually within 2 business days.

Questions? Call a RedShirt®

(716) 250-4401 or **1-800-665-1502** (TTY: 711)

Oct. 1 – Mar. 31: Mon. – Sun., 8 a.m. – 8 p.m.;

Apr. 1 – Sept. 30: Mon. – Fri., 8 a.m. – 8 p.m.



Independent Health is a Medicare Advantage organization with a Medicare contract offering HMO, HMO-POS, HMO-SNP and PPO plans. Enrollment in Independent Health depends on contract renewal. Allowance is made available by quarter. Allowance will carry over quarter to quarter, but not plan year to plan year. Costs over the allowed amount are the member's responsibility. This benefit can only be used for covered items through NationsOTC.® *Information is private and will not be shared.

ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-800-665-1502 (TTY: 711). Independent Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-665-1502 (TTY: 711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-665-1502 (TTY: 711).

Y0042_C9869_M Accepted 08212024

©2024 Independent Health Association, Inc. IH34698

0A-6431-7333.25