

Heart Failure Program Medication Quick Guide

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Independent
 Health.

HEART FAILURE MEDICATION QUICK GUIDE

<p>Anticoagulants Warfarin Eliquis Pradaxa</p>	<p>Antiplatelet Aspirin Plavix Clopidogrel</p>	<p>ACE inhibitors Lisinopril Enalapril Benazepril</p>	<p>ARBs Losartan Valsartan Irbesartan</p>	<p>ARNIs Entresto (sacubitril/valsartan)</p>
<p>Purpose Decrease clotting, does not dissolve clots or thin blood.</p>	<p>Purpose Prevents blood platelets from sticking together to form clots</p>	<p>Purpose Expands blood vessels, heart doesn't have to work so hard, is more efficient</p>	<p>Purpose Keep pressure from rising. Alternative for patients who do not tolerate ACE inhibitors</p>	<p>Purpose Keep blood vessels open, decreases heart strain, reduces salt retention</p>
<p>Side Effects Easy bruising Harder to stop bleeding</p>	<p>Side Effects Easy bruising Harder to stop bleeding</p>	<p>Side Effects Dizziness Cough Low blood pressure, tiredness</p>	<p>Side Effects Dizziness Nasal congestion Weakness Back pain</p>	<p>Side Effects Cough Dizziness lightheadedness</p>



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<p>Beta Blockers Atenolol Metoprolol propranolol</p>	<p>Alpha+Beta Blockers Carvedilol Labetalol/HTCZ</p>	<p>Calcium Channel Blockers Amlodipine Diltiazem Verapamil</p>	<p>Cholesterol Lowering Niacin Statins like Lipitor Inhibitors-Zetia Combo-Vytorin</p>	<p>SGLT2 Farxiga (Dapagliflozin)</p>
<p>Purpose Makes heart beat slower & with less force</p>	<p>Purpose Lowers blood pressure</p>	<p>Purpose Relax blood vessels, lower blood pressure</p>	<p>Purpose Keep cholesterol from blocking blood vessels</p>	<p>Purpose Shown to decrease hospitalization due to heart failure</p>
<p>Side Effects Dizziness Lightheadedness tiredness</p>	<p>Side Effects Weakness Dizziness Diarrhea Weight gain</p>	<p>Side Effects Dizziness Headache constipation</p>	<p>Side Effects Diarrhea Constipation Nausea Muscle pain</p>	<p>Side Effects Yeast infection Increase urination Lightheadedness dizziness</p>



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<p>Digitalis Digoxin Lanoxin</p>	<p>Diuretics Furosemide HCTZ Bumetanide Spironactone Metalozone Torsemide</p>	<p>Vasodilators Isosorbide Hydralazine Nitroglycerin Minoxidil</p>
<p>Purpose Increase force of contraction</p>	<p>Purpose Remove excess fluid & salt by increasing urine output</p>	<p>Purpose Relaxes blood vessels, decreases blood pressure</p>
<p>Side Effects Dizziness Fainting Fast, slow or irregular heartbeat</p>	<p>Side Effects Dizziness Headache Thirst</p>	<p>Side Effects Rapid heartbeat Palpitations Edema/swelling Nausea Headache</p>

Always talk to your doctor or pharmacist about your specific medications' purposes & side effects.

